



# Fight Aging!

"We stand on the verge of a revolution in medicine: understanding, treating, and ultimately preventing the causes of degenerative aging. But medical revolutions only happen if we all stand up in support of funding and research. We did it for cancer. We're doing it for Alzheimer's disease. We can do it for aging - and go on to create an era of far longer, far healthier lives!"

06  
FEB  
2012

## Directing Stem Cells to Enhance Bone Strength

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**Osteoporosis** is a pervasive issue in the old, and potential methods for reversing its effects are welcome: scientists have "developed a novel technique to enhance bone growth by using a molecule which, when injected into the bloodstream, directs the body's **stem cells** to travel to the surface of bones. Once these cells are guided to the bone surface by this molecule, the stem cells **differentiate** into bone-forming cells and synthesize proteins to enhance bone growth. ... There are many stem cells, even in elderly people, but they do not readily migrate to bone. Finding a molecule that attaches to stem cells and guides them to the targets we need is a real breakthrough. ... The researchers made use of a unique hybrid molecule, LLP2A-alendronate ... The researchers' hybrid molecule consists of two parts: the LLP2A part that attaches to mesenchymal stem cells in the bone marrow, and a second part that consists of the bone-homing drug **alendronate**. After the hybrid molecule was injected into the bloodstream, it picked up **mesenchymal stem cells** in the bone marrow and directed those cells to the surfaces of bone, where the stem cells carried out their natural bone-formation and repair functions. ... Twelve weeks after the hybrid molecule was injected into mice, bone mass in the **femur** (thigh bone) and **vertebrae** (in the spine) increased and bone strength improved compared to control mice who did not receive the hybrid molecule. Treated mice that were normally of an age when bone loss would occur also had improved bone formation, as did those that were models for menopause." This is an example of the future of stem cell medicine - more about directing and altering stem cells in the body to create in-situ effects than providing new cells or growing tissue for transplant.

Link: [http://www.eurekalert.org/pub\\_releases/2012-02/uoc--rdm020312.php](http://www.eurekalert.org/pub_releases/2012-02/uoc--rdm020312.php)

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## First Steps

[Read an Introduction to Longevity...  
...and Then Do Something About It](#)

## The Causes of Aging

[Accumulating AGEs](#)  
[Buildup of Amyloid Between Cells](#)  
[The Failing Adaptive Immune System](#)  
[The Failing Innate Immune System](#)  
[Declining Lysosomal Function](#)  
[Mitochondrial DNA Damage](#)  
[Nuclear DNA Damage](#)  
[Buildup of Senescent Cells](#)  
[Other Causes of Aging](#)

## Archives and Feeds

[Monthly News and Blog Archives](#)  
[Newsletter Archive](#)  
[Using the Fight Aging! Content Feeds](#)

## Required Reading

[Calorie Restriction](#)  
[The Community, Visualized](#)  
[Cryonics](#)  
[Engineered Negligible Senescence](#)  
[Envisaging a World Without the FDA](#)  
[How to Argue for Longevity Science](#)  
[Introductory Articles](#)  
[The Odds of Human Longevity Mutations](#)  
[The Need For Activism and Advocacy](#)  
[Stem Cells, Regenerative Medicine](#)  
[Twelve Ways to Extend Mouse Life Span](#)  
[Transhumanism and Human Longevity](#)  
[The Vital Debate in Aging Research](#)  
[What is Anti-Aging?](#)

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